

Introducing The 5 R's

Let's Use Less So We Waste Less



Rethinking is about changing your habits and becoming a resourceful decision maker.

Rethinking isn't separate from Refusing, Reducing, Reusing, and Recycling — it's the component that encourages you to think differently about the way you purchase, use, and dispose of materials.



Refusing is about making better choices, learning how to shop smarter and adding sustainable alternatives to our daily lifestyle.

Just say NO to all those freebies. Most of them get tossed in the trash. Accept only the things you need. Refuse single use items like water bottles, disposable coffee cups, paper towels, utensils, and straws. These items are often thrown away after one use. So, ditch the disposables and start investing in reusables.



Reducing your eco-footprint sounds difficult, however, there are healthy and smart alternatives we can make.

Instead of buying something you won't use often – borrow it. You can also reduce your waste by buying in bulk to reduce packaging. Opt out of junk mail to save paper. And just like refusing disposables buy reusable items instead to help reduce the amount of waste you generate.



Reusing an item is how earlier generations made the most of limited resources in less wealthy and consumer-convenient times.

Is that item you are going to recycle or throw out considered “junk”? Through the eyes of another, it may not be! Think before you throw! Can I donate this item? Not only will the item be reused but you'll also be helping others. Don't forget a library card, it is a great way to reuse books, music and movies.



Recycling is a great way to open your eyes to all that you toss out and a chance to rethink your future purchases.

After rethinking, refusing, reducing and reusing there shouldn't be much left to recycle. There are very few materials on the earth that cannot be recycled. But not all recyclable material can be placed in your blue curbside bin. Certain items require special handling. Visit edcodisposal.com for detailed information.

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“We'll Take Care of It”